

SASC Sports Series

Topics and strategies in the 21st century sporting world

Sport training and education

SASC skills programmes for sport and recreation administrators and managers

Produced by the Information and Research sub-unit of the South African Sports Commission.

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There are many sport management degrees, diplomas and courses being offered at South African universities, technikons and colleges. They cater for a wide range of career paths and learning objectives; from those who want to become professional sports marketers and managers, to volunteers and part-timers who are only interested in honing their skills at managing their weekend pastimes. They are all essential in ensuring continued and growing excellence in South African sport.

To help address the need for basic skills in sport management, the South African Sports Commission has designed course material in a number of areas where skills shortages exist.

The advantage of these courses is that they fit into a broader education structure. This means that the courses and programmes developed by the SASC count toward the completion of recognised national certificates or diplomas, which are accredited with the South African Qualifications Authority (SAQA). A person who has completed any number of these courses, have already earned credits to obtaining the **National Certificate in Sport, Recreation and Fitness Management**, or the **National Certificate in Sport, Recreation and Fitness Leadership**. Both certificates are being finalised by SAQA and will shortly be implemented by tertiary institutions and accredited service providers.

The development of these courses is a continuation of development programmes that were started in the early nineties by the National Sports Council (NSC), in particular the Protea Mmuso Programme. A great deal of experience and knowledge of many role players have



Organisations wishing to become accredited service providers (trainers) of these courses can contact Lynne Lourens at the SASC at (012) 677-9700 or lynne@sasc.org.za.

Gauteng:

Provincial department of sport: Ms Thoko Setlapelo : (011) 355-2635
Provincial academy of sport: Ms Busi Ntuli Telephone: (011) 355-2638/072 171 8922
Fax: (011) 355-2826 Email: busintuli@gpg.gov.za

Free State:

Provincial department of sport: Mr Joe Mathibe: (051) 401-3556
Provincial academy of sport: Mr Jerry Segwaba

Eastern Cape:

Provincial department of sport: Ms Pumla Sifumba : (040) 609-5803
Provincial academy of sport: Ms Bernice Butlion Telephone: (041) 504-2634/084 588 8959
Fax: (041) 583-2605 Email: Bernice.butlion@upe.ac.za

Western Cape:

Provincial department of sport:
Provincial academy of sport: Dr Deborah Hoare Telephone: (021) 465-3600/072 146 3600
Fax: (021) 461-7710 Email: deboarah@timco.co.za

Mpumalanga:

Provincial department of sport: Ms Sibongile Maseko : (013) 766 5194
Provincial academy of sport: Mr B. H. Skhosana
Telephone: (013) 932-6308 ext. 302/082 718 2384 Fax: (013) 932-1796
Email: bhskhosana@penta-net.co.za

North West:

Provincial department of sport: Mr M Motara (018) 384 9466
Provincial academy of sport: Mr Maurice Robertson Telephone: (018) 299-1794/082 569 6143
Fax: (018) 299-1825 Email: iswdm@puknet.puk.ac.za

Northern Cape:

Provincial department of sport: Mr Willie Majiedt (053) 831 1761
Provincial academy of sport: Mr Tshwaro Wilson Mocumi
Telephone: (053) 832-4354/082 744 1036 Fax: (053) 832-4356
Email: jcoetzee@ds.ncape.gov.za

Kwazulu Natal:

Provincial department of sport: Mr Michael Mthembu (039) 972 1084
Provincial academy of sport: Mr Alex Thandisenzo Skhosana Telephone: (031) 312-9374/083 789 8877
Fax: (031) 305-303-2728 Email: askhosana@qinet.co.za

Limpopo:

Provincial department of sport: Mr Ezekiel Maphinga : (015) 812 3042
Provincial academy of sport: Ms Jeanette Ramodike Telephone: (015) 295-9052/082 671 7863
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gone into the development thereof.

The courses currently available are the following:

- Basic Sport and Recreation Administration - NQF level 4.
- Advanced Sport and Recreation Administration - NQF level 5.
- Advanced Sport and Recreation Facility Management - NQF level 5
- Indigenous Games Skills Programme - NQF level 5
- Presentation Skills in Sport and Recreation - NQF level 5
- Basic and Advanced Team Management for Sport (NQF level 4 and 5) (Basic course to be developed)
- Generic Coaching Skills Programme (NQF level 5) (In draft)

Other modules currently under development include **HIV/Aids in sport and recreation**, and **Understanding people with disabilities in sport and recreation**.

The courses are provided by service providers accredited by the SASC and THEETA, and include tertiary institutions, national federations, NGO's, local authorities and provincial sport governments. Contact details for some of the institutions that may point you to course presenters are provided at the end.

How do I complete these courses?

The principle is to start with a basic course on a particular topic (for example, team management) and progress to an advance course after completing it. Generally the following steps are followed:

Step one: Attend one of the basic training programmes, consisting of two to three days – a total of sixteen to twenty four hours. The course includes both theory and practical application.

Step two consists of the following:

- A portfolio of 8-15 assignments that will be evaluated by the course leader in accordance with the criteria set by the SASC.



- Self-study and research prescribed by the course leader.
- Reading prescribed by the course leader.
- A teamwork project, for example, compilation of a scrapbook, design of a poster, or making of a model. These must be applicable to the sport you and your fellow course goers are participating in.
- A monthly progress reports and logbook of your involvement in club development. These are provided by your organisation (federation, club, etc).
- Participation in organising a project such as a festival or tournament at local/regional level.

A mentor is to be appointed to guide the applicant in completing the above, after which an accredited assessor will make an assessment of the applicant's achievements. If a learner is declared competent, the number of credits attached to the applicable unit standards within the National Certificate in Sport, Recreation and Fitness Leadership, will be awarded to the learner by the THETA.

The duration of steps one and two depends on the skills level of the applicant, but generally it can take up to seven hundred hours (four to six months) to complete.

Note: Applicants wishing to complete the NQF level 4 course and then progress into the level 5 courses should note that the courses should preferably be completed in succession.

Step three: Attend one of the advanced courses, consisting of five days, or a total of 40 hours. These modules have been designed in such a manner that the 40 hours do not have to be done all in one but at intervals of weeks (eg. five Saturdays).

Step four: Complete a portfolio of 10-15 assignments. Assessment of the assignments will take place after the completion of about 100 hours of work. This work will consist of a portfolio, self-study, research, monthly reports and sustained involvement in a sport club,

region or province.

Step five: The applicant is awarded the number of credits toward the completion of the applicable unit standards as prescribed by the national certificates. This means that the courses provided by the SASC accounts for a significant number of credits (approximately 60 to 70 credits) necessary for completion of the national certificates. Accreditation by an accredited assessor will only be provided upon completion of an assessment.

Recognition of prior learning (RPL)

Many people have worked in sport organisations, perhaps as volunteers or part-time administrators and have gained significant experience during that time. This is taken into account when a person applies for a particular course. For instance, it may be that a person has sufficient previous experience to skip the Basic Sport and Recreation Administration course (earning the credit for the course) and proceed directly to the Advanced Sport and Recreation Administration course.

For a person's previous experience to be taken into account they are required to provide sufficient evidence that they have been involved in sport administration and facilitation for a sustained period of time. A Portfolio of Evidence (PoE) must be completed. An accredited RPL facilitator or assessor will make a recommendation on the learners competency and skills level, assess them on this, and provide a report to the THETA for accreditation. The SASC will award a certificate against the skills programme but the credit value is attached to the THETA accreditation.

Where are these courses held, and who presents them?

The SASC does not present these courses itself. Instead it facilitates the training of trainers in institutions in the different provinces who then arrange and administer the courses.

What do the courses cost?

The costs of courses are determined by the service providers and depend on subsidisation and other factors. Service providers have to apply for accreditation from the SASC to present the training courses. ~~Contact the above-mentioned service providers for more information.~~

