Annex 4

References and further reading

Module 1: Psychological support
International Federation of Red Cross and Red Crescent Societies (2001), World disaster report 2001, IFRC
International Federation of Red Cross and Red Crescent Societies (2001), Psychological support: best practices from Red Cross and Red Crescent programmes.

Module 2: Stress and coping
Simonsen L and Lo G (2002), The value of human support when life is painful. Background paper on first aid and psychological support. International Federation of Red Cross and Red Crescent Societies.
Torres A and Oosterling F (1992) Helping the helpers. How Red Cross - Red Crescent youth leaders can better support volunteers, Institut Henry-Dunant Geneva.

Module 3: Supportive communication
Torres A and Oosterling F (1992) Helping the helpers. How Red Cross - Red Crescent youth leaders can better support volunteers, Institut Henry-Dunant Geneva.

Module 4: Promoting community self-help
Disaster Preparedness Department, Toolbox for vulnerability and capacity assessment, International Federation of Red Cross and Red Crescent Societies.
International Federation of Red Cross and Red Crescent Societies (2001), *Psychological support: Best practices from Red Cross and Red Crescent programmes*, IFRC.


**Module 5: Populations with special needs**


**Module 6: Helping the helpers**

International Federation of Red Cross and Red Crescent Societies (2001), *Managing stress in the field*, IFRC


**Further reading**


Bracken P and Petty C (Eds) (1998), *Rethinking the trauma of war*, Save the Children

Center for Mental Health Services (1996) *Responding to the needs of people with serious and persistent mental illness in times of major disaster*, Publication No. (SMA)96-3077, US Department of Health and Human Services, Substance abuse and mental health services administration


Danish Red Cross (1997), *Psychological first aid and other human support*.


International Federation of Red Cross and Red Crescent Societies (1998), *World disaster report 1998*, IFRC

International Federation of Red Cross and Red Crescent Societies (2001), *Guidelines for the implementation of a psychological support programme in emergencies*, IFRC


